

DATE: 21/09/2022

## Event Coordinator(s)

1. Mr. Vijay Jumb

## Student Coordinator(s)

1. Rohit Prasad

2. Priya Harshe

## Time & Place:

10:00 am to 01:00 pm

Old Custom House, Fort

Department: NSS

Total No of participants: 02

Total No of Male volunteers: 01

Total No of Female volunteers:  
01

## Total No. of Participants

### Class-wise:

SE-COMPS:00

SE-IT:01

SE-EXTC:01

TE-COMPS:00

TE-IT:00

TE-EXTC:00

On September 21th, the Nasha Mukta Bharat Abhiyan conducted a training session to train the NSS volunteers who had participated from different colleges. Our college Xavier Institute of Engineering (XIE) Mahim, also was a part of the session.

The volunteers were asked to be reported at 9:45 am sharp. The topic of the session was 'Youth against LTD'. The session was initiated with the NSS anthem being sung by the volunteers and the NSS clap. A welcome speech was given by the Chief Advisor of Nav Nirman Foundation India, Mr. Bosco Dsouza. The Chief guest of the session was the Collector of Mumbai, Mr. Rajeev Nivatkar and the trainer of the session were Miss Eram Malik and Miss Anu Mourya, who had come from Delhi. They began with a presentation explaining about various types of addictions and their disadvantages. He briefed us about vulnerability of youth to drugs and the risks involved in use of illicit drugs which results in impaired judgement leading to unsafe sex and oftenly selling their body in exchange of drugs. The session was continued by the two guests covering points such as why addiction is a problem, why do people take drugs , what are the types of drugs, cycle of addiction, signs and symptoms of substance abuse, impact of drug abuse physical-mental and social, myths related to substance abuse, protective factors and intervention spectrum (prevention-treatment-rehabilitation).

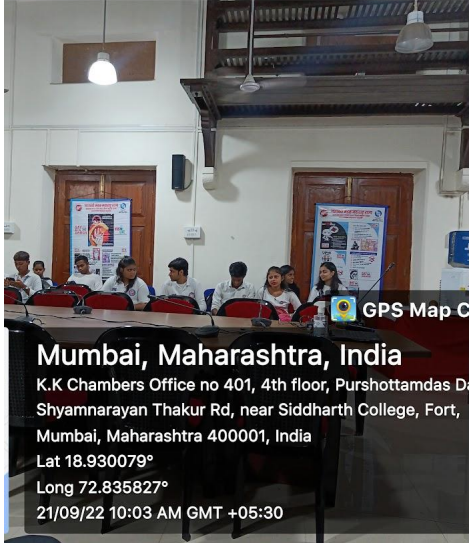
The session was concluded by explaining what our role will be as a master volunteer in the nasha mukt abhiyan. Snacks were distributed and session finally ended at 1:00pm.

The session helped the volunteers learn about how to handle sessions, events and camps that are held to guide the addicts and how to organize rallies.

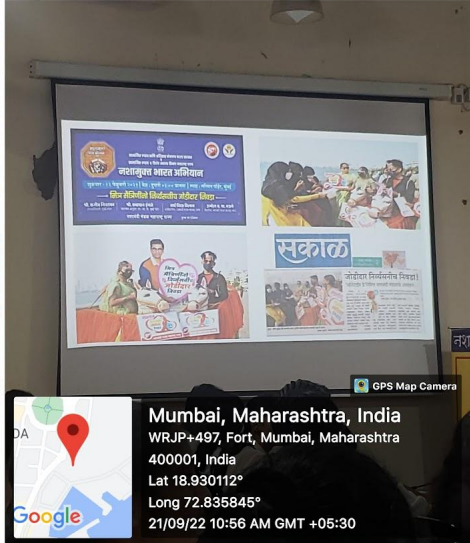
Images



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WRJP+497, Fort, Mumbai,  
India  
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Mumbai, Maharashtra, India  
K.K Chambers Office no 401, 4th floor, Purshottamdas D  
Shyamnarayan Thakur Rd, near Siddharth College, Fort,  
Mumbai, Maharashtra 400001, India  
Lat 18.930079°  
Long 72.835827°  
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